



White 2 months



Name: _____ Date of Testing: _____

Age: _____ Belt Size: _____ Student's Conditions: _____

Student's Signature, if over 18 _____ Parent or Guardian Signature, if under 18 _____

Pass	Fail	Comments
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Techniques

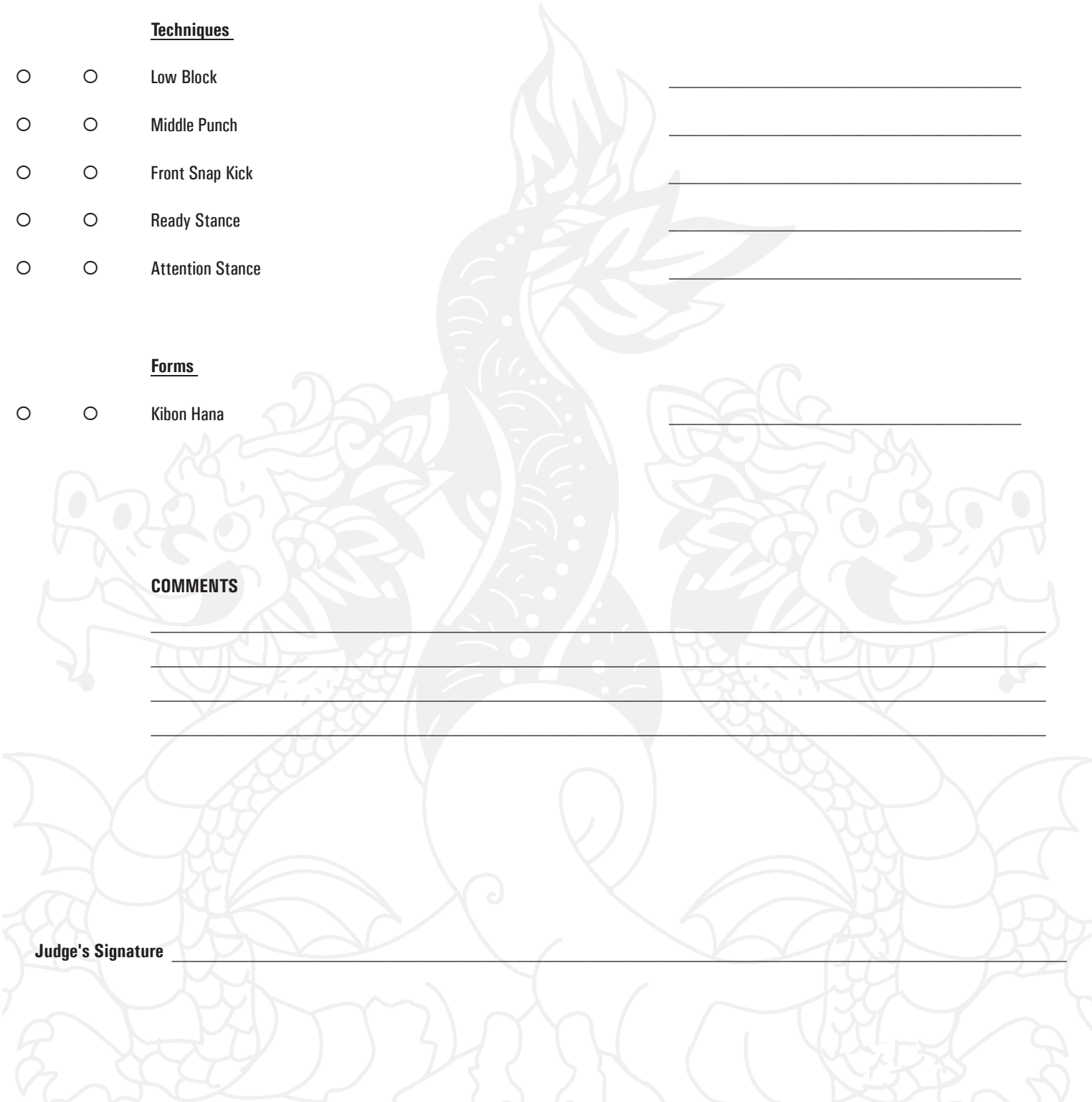
- Low Block _____
- Middle Punch _____
- Front Snap Kick _____
- Ready Stance _____
- Attention Stance _____

Forms

- Kibon Hana _____

COMMENTS

Judge's Signature _____





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Pass	Fail	Comments
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Techniques

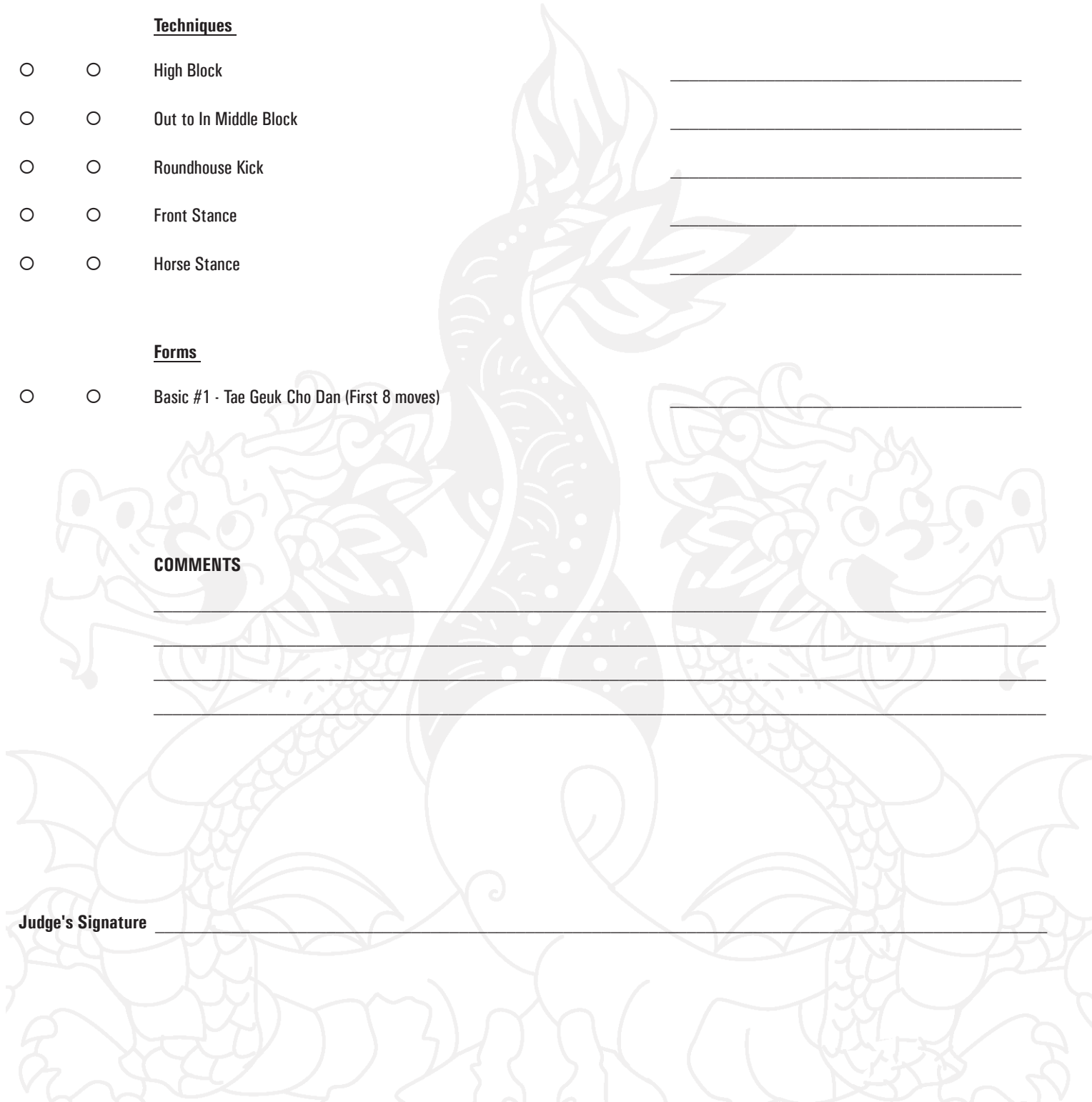
- | | | | |
|-----------------------|-----------------------|------------------------|-------|
| <input type="radio"/> | <input type="radio"/> | High Block | _____ |
| <input type="radio"/> | <input type="radio"/> | Out to In Middle Block | _____ |
| <input type="radio"/> | <input type="radio"/> | Roundhouse Kick | _____ |
| <input type="radio"/> | <input type="radio"/> | Front Stance | _____ |
| <input type="radio"/> | <input type="radio"/> | Horse Stance | _____ |

Forms

- | | | | |
|-----------------------|-----------------------|---|-------|
| <input type="radio"/> | <input type="radio"/> | Basic #1 - Tae Geuk Cho Dan (First 8 moves) | _____ |
|-----------------------|-----------------------|---|-------|

COMMENTS

Judge's Signature _____



Orange 2 months



Name: _____ Date of Testing: _____

Age: _____ Belt Size: _____ Student's Conditions: _____

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Pass	Fail	Comments
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Techniques

- Knife Hand Strike _____
- Out to In Middle Block _____
- Back Fist Strike _____
- Out to In Crescent Kick in a Front Stance _____
- Back Stance _____

Forms

- Tiger #1 - Tae Geuk Il Jong (First 12 moves) _____

Self-Defense

- #1: Step R 45° to horseback stance + R out to in middle block, L middle punch, R middle punch _____

COMMENTS

Judge's Signature _____



Green 2 months



Name: _____ Date of Testing: _____

Age: _____ Belt Size: _____ Student's Conditions: _____

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Pass	Fail	Comments
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Techniques

- Single Knife Hand Block _____
- Side Kick _____
- In to Out Crescent Kick in a Horse Stance _____
- Hammer Fist Strike _____

Forms

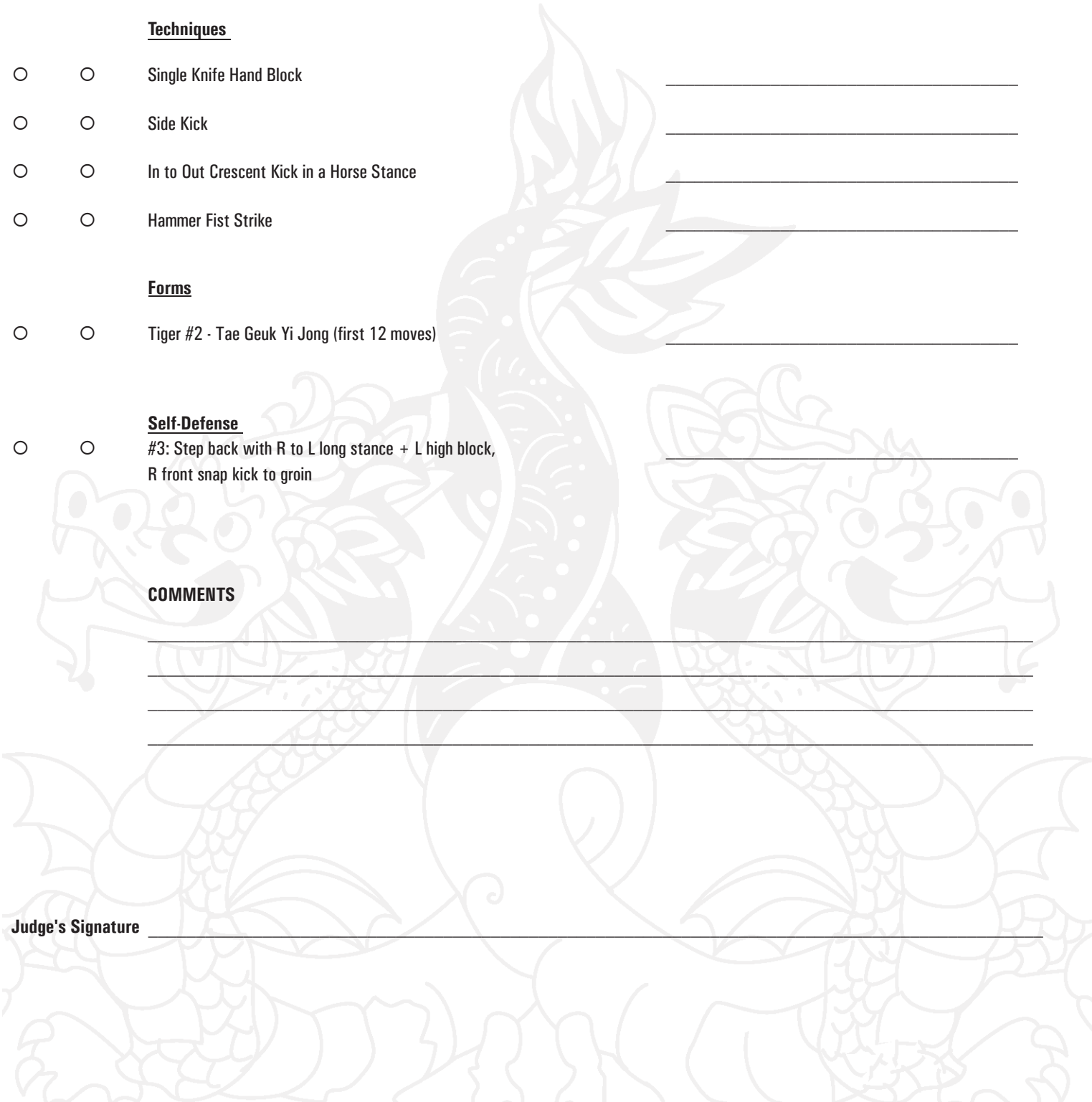
- Tiger #2 - Tae Geuk Yi Jong (first 12 moves) _____

Self-Defense

- #3: Step back with R to L long stance + L high block, R front snap kick to groin _____

COMMENTS

Judge's Signature _____





Name: _____ Date of Testing: _____

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Pass Fail Comments

Techniques

- Double Knife Hand Block _____
- Jumping Front Snap Kick _____
- Roundhouse Kick + Turning Back Kick _____
- Inverted Knife Hand Strike _____

Forms

- Tiger #3 - Tae Geuk Sam Jong (First 10 moves) _____

Self-Defense

- #5: Step back with R to L back stance + double knife block, step forward to R back stance + knife hand strike _____

COMMENTS

Judge's Signature _____



Name: _____ Date of Testing: _____

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Pass	Fail	Comments
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Techniques

- Swallow Tail Strike _____
- Palm Press Block + Spear Hand Strike _____
- Axe Kick _____
- Hook Kick _____
- Crescent Kick + Spinning Crescent Kick _____

Forms

- Tiger #4 -Tae Geuk Sah Jong (First 12 moves) _____

Self-Defense

- 3 step self-defense #1 (Out to In) _____

Wrist Escape

- #1 Step back with R to R front stance + rotate wrist so palm is parallel to ground + pull arm from attacker's grasp, run _____

COMMENTS

Judge's Signature _____



Blue II 4 months



Name: _____ Date of Testing: _____

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Pass Fail

Comments

Techniques

- Front, Roundhouse, Side Kicks _____
- Low, Middle, High Blocks _____
- Front, Back, Horse Stances _____
- Roundhouse Kick + Spinning Hook Kick _____

Forms

- Tiger #5 - Tae Geuk Oh Jong (First 12 moves) _____

Self-Defense

- #7: R out to in crescent kick block, R snap side kick _____
- #9: Step forward with R to front stance + L knife hand block high + R inverted knife hand strike (swallow tail) _____

Wrist Escape

- #2 You're Out _____

Sparring

- 3 Kick Line Sparring _____

COMMENTS

Judge's Signature _____



Red 6 months



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Pass	Fail	Comments
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Techniques

- Twisted Knife Hand Strike _____
- Inverted Outside Middle Block _____
- Flying Side Kick _____

Forms

- Tiger #6 - Tae Geuk Yuk Jong (First 11 moves minimum) _____

Self-Defense

- #10: Step R with L foot 45° to L front stance, R turning back kick _____
- #12: Step 45° with R to R front stance, L middle side kick, R turning back kick _____

Wrist Escape

- #4 Back Palm Lock (grab attacker's hand with flat palm, lock thumb and index finger, rotate attacker's arm and wrist from outside to inside) _____

Sparring

- Sparring Defense #1 (Pada Chagi) _____
- Sparring Defense #2 (Cut 45°) _____

COMMENTS

Judge's Signature _____



Brown 6 months



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Pass	Fail	Comments
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Techniques

- Palm Block _____
- Scissors Block _____
- Double Outside Middle Block _____
- Double Forearm Block _____

Forms

- Tiger #7 - Tae Geuk Chil Jang (First 13 moves minimum) _____

Wrist Escape

- #5 Under Peel (turn wrist 45° out to in + grab attacker's hand, lock thumb and index finger, twist attacker's hand driving the thumb side down) _____

Sparring

- Sparring Defense #3 (Switch, Turning Back Kick) _____
- Free Sparring _____

COMMENTS

Judge's Signature _____



Brown II 6 months



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Techniques - Cumulative

Combination #1 _____

Combination #2 _____

Forms

Tiger #8 - Tae Geuk Pal Jang _____

Sparring

Free Sparring _____

COMMENTS

Judge's Signature _____

